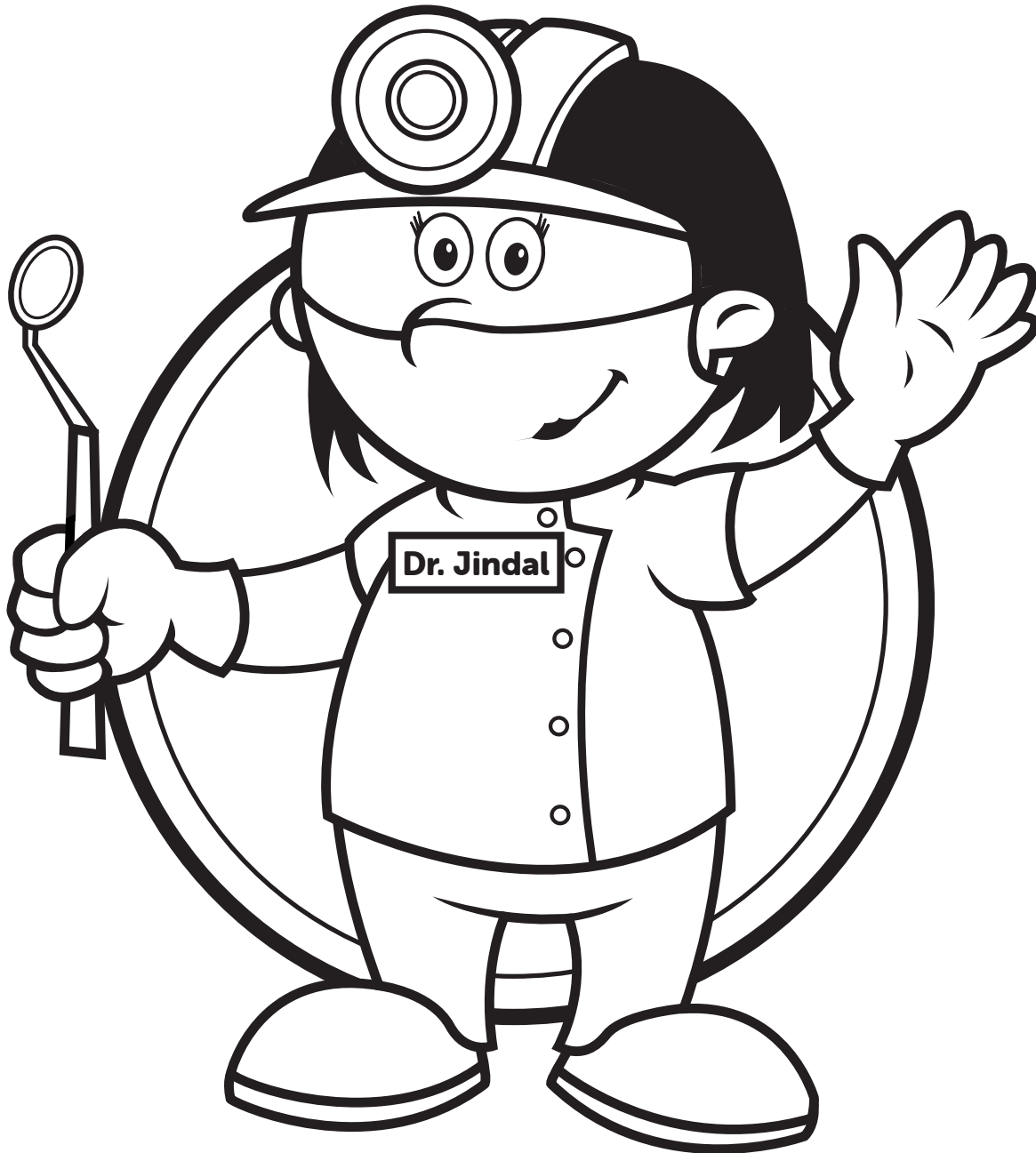


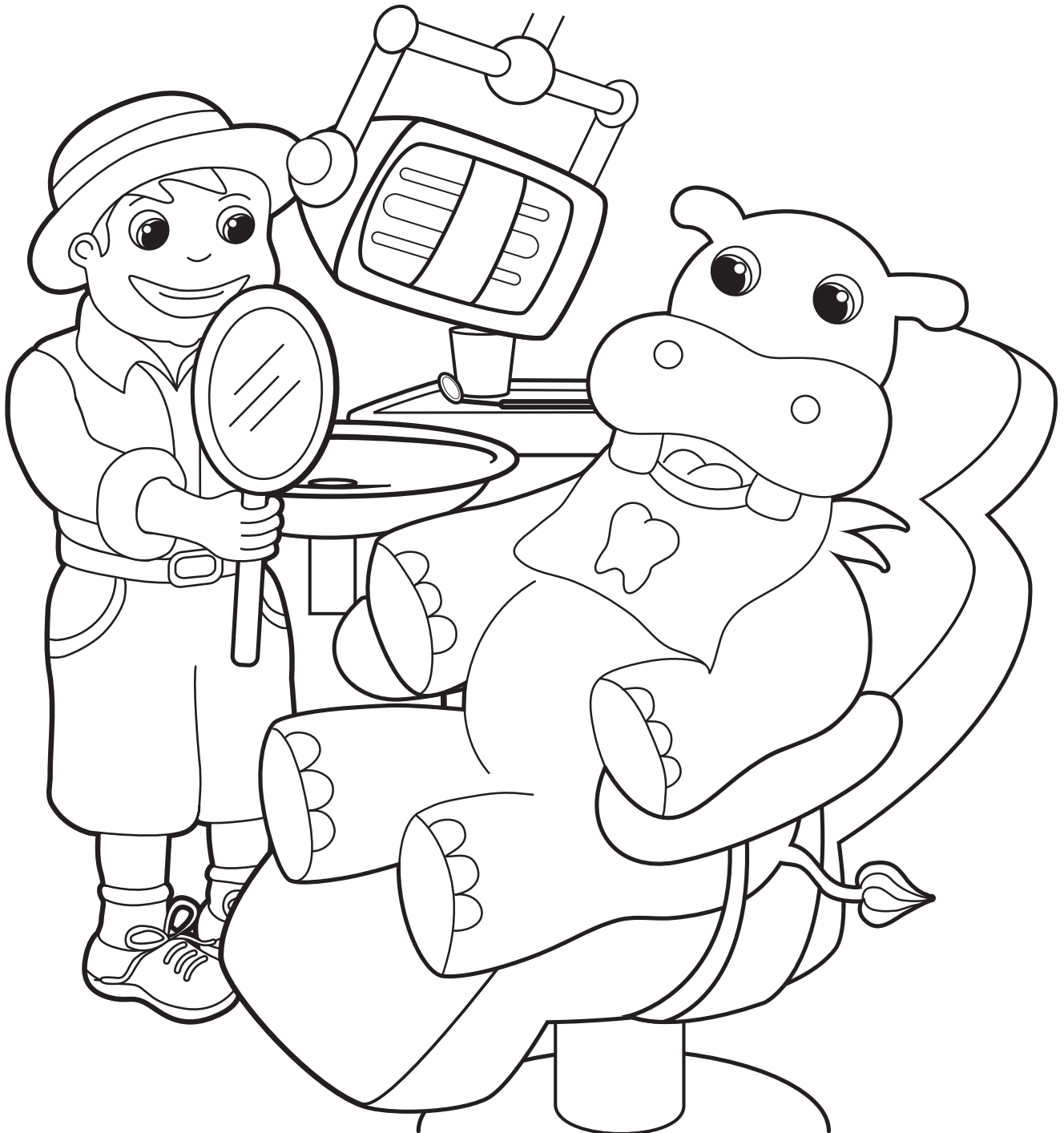
What is a Dentist?



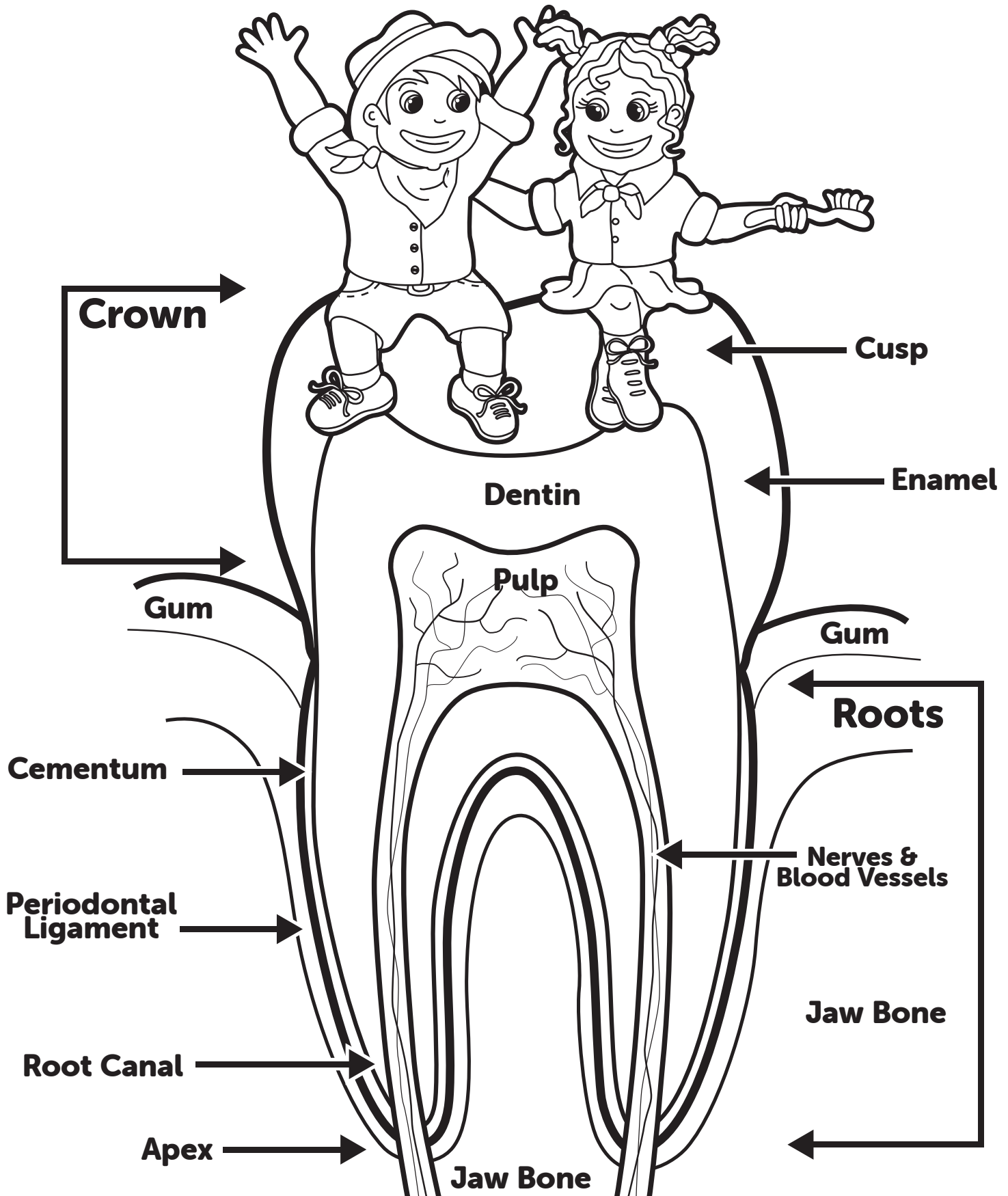
A dentist is a doctor who cares for teeth and gums. Dentists treat, fix, and prevent oral health problems & teach you how to build strong dental habits at home.

Why should you go to the Dentist?

Because dentists clean your teeth to keep you healthy.
Just by looking inside your mouth, they can tell if you have
any dental or mouth problems and can fix them for you.



Let's learn the parts of a TOOTH!



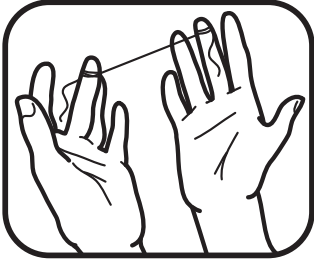
Why should you floss?



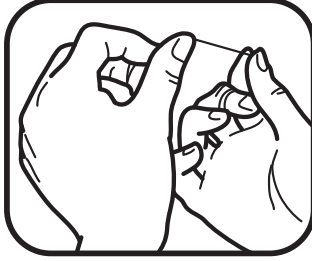
Flossing scrapes away the extra food between your teeth that a toothbrush can't reach. It also helps remove the germs you can't see so they can't hurt you.

How to Floss!

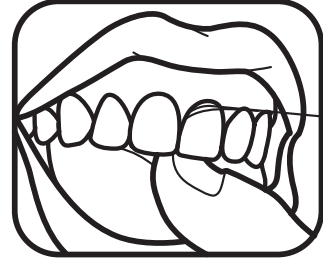
Fiona follows this instruction to floss George's Teeth!



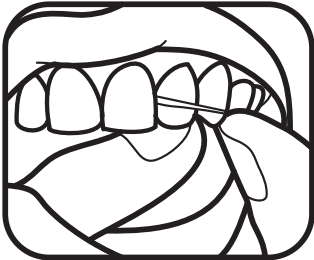
Use about 18 inches of floss wrapped around your middle finger, with the rest wound around the other middle finger.



Hold the floss tightly between the thumbs and forefingers and gently insert it between the teeth.



Curve the floss into a "C" shape against the side of the tooth.



Rub the floss gently up and down, keeping it pressed against the tooth.



Floss all your teeth including your back teeth.

